Term	Theme	Key Skills	Development Matters Coverage	Learning Activities	Links to Fundamental British Values
Autumn 1	**Me, My Feelings and My New Class**	Settling into routines; Building relationships; Identifying emotions; Expressing needs; Confidence; Following rules	See themselves as a valuable individual; Express feelings and consider feelings of others; Build respectful relationships; Follow rules	Create a collaborative Class charter Daily 'colour monster' Feelings check-ins Taking turns in Circle time and Name games All About Me flowers and self-portraits Starting school stories	**Individual Liberty**; We have a right to make our own choices and express our opinions. **Democracy**: we all make decisions together about what we include in our class charter. **Mutual Respect**: Everyone is different and special in their own way but we treat everyone with respect. **Rule of Law:** we follow our classroom rules just like adults follow the laws.
Autumn 2	**Feelings, Friendships and Kindness**	Recognising emotions in others; Sharing and turn-taking; Conflict resolution; Kindness and inclusion; Group play	Talk about feelings; Develop friendships; Solve conflicts; Understand how others feel	Friendship week; Emotion puppets; Cooperative games; Visit the Hindu Temple or invite a Hindu parent into school to learn about Diwali.	**Mutual Respect**: Everyone is different and special in their own way but we treat everyone with respect. **Tolerance of Different Faiths and Beliefs**: this term we celebrate Diwali and Christmas.

Spring 1	**Resilience and Independence**	Perseverance; Independence; Responsibility; Resource selection; Goal setting	Show resilience; Use activities and resources appropriately; Develop confidence	Growth mindset stories; Challenge stations; Independent tasks; Responsibilities; Goal-setting	**Individual Liberty**; We have a right to make our own choices and express our opinions. **Tolerance of Different Faiths and Beliefs**: this term we learn about Lunar New Year and how it is celebrated around the world.
Spring 2	**Healthy Bodies and Healthy Minds**	Personal hygiene; Healthy lifestyles; Exercise; Healthy choices; Safety	Independent care needs; Make healthy choices; Understand wellbeing factors	Tooth brushing; Healthy eating; PE discussions; Wellbeing activities; Road safety	**Individual Liberty**; We have a right to make our own choices and express our opinions. **Rule of Law:** This term we have a visit from a Community Support Officer or PC.
Summer 1	**Managing Feelings and Behaviour**	Self-regulation; Managing disappointment; Waiting; Coping with change; Consequences	Identify and moderate feelings; Appropriate assertiveness; Follow rules consistently	Calm-down strategies; Mindfulness; Social stories; Turn-taking games; Problem solving	**Individual Liberty**; We have a right to make our own choices and express our opinions. **Mutual Respect**: How can we be kind to our friends and help them calm down if they're upset?

Summer 2	**Preparing for Year 1**	Independence; Responsibility; Collaboration; Reflection; Confidence with change	Build relationships; Try new activities; Reflect on achievements; Manage transitions	Transition activities; Team projects; Memory books; Year 1 visits; Responsibilities	**Democracy**: we all make decisions together about what our new Year 1 class rules will be. **Mutual Respect**: How can we help our friends get ready for Year 1? How can we welcome new students?

Early Learning Goals Coverage:

Self-Regulation: recognise and manage feelings, follow instructions and work towards simple goals.

Managing Self: manage hygiene and personal needs, understand healthy lifestyles and try new activities confidently.

Building Relationships: work and play cooperatively, form positive relationships and show consideration for others.